



The ACE team

# Active Listening Practice and Quiz

## Listening Task

Watch this [TED Talk here](#) by Julian Treasure about 5 ways to listen better.

- As you watch make notes, then make a summary of the main points and his five exercises to improve your own conscious listening.

As you listen, think about these questions.

1. Do you agree the speaker's points?
2. Is there anything you would like to clarify or ask the presenter?

Remember: by questioning information helps to develop your critical thinking and know your own viewpoint.

## Quiz

In the video Julian Treasure talks about listening positions and being able to change to what you are listening to. Here are some of the scales of listening positions. Match the listening position to the meaning - which do you think you would use in an academic setting?

Question1	Active	Answers
a) Listening for a purpose as you need to hear the bottom line so that you can act/respond b) Nod your head and give verbal cues to show the speaker you are in line with them emotionally c) Listening 'with' to be on a journey and listening to the conversation flow but with no sense of purpose d) Engaged in the conversation and absorb the information e) No need to absorb the information, just enjoy listening f) Listening 'for' only the relevant bits and discarding the rest		
Question 2	Passive	
a) No need to absorb the information, just enjoy listening		





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| e) Listening 'for' only the relevant bits and discarding the rest  |  |
| f) Listening 'with' to be on a journey and listening to the conversation flow but with no sense of purpose |  |

Please see answers in the document in the Active Listening folder.

## References

TED(2011) Julian Treasure: 5 ways to listen better [TED]. Available at:  
[https://www.ted.com/talks/julian\\_treasure\\_5\\_ways\\_to\\_listen\\_better/transcript?language=en#t-6601](https://www.ted.com/talks/julian_treasure_5_ways_to_listen_better/transcript?language=en#t-6601) (Accessed: 21 January 2022).